

CERTIFICATE OF PARTICIPATION

This is to certify that

Roy Grunewald

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #7

held at Cowhouse Market.

TIME 01:22:54

PACE 05:30/km

OVERALL 11 of 41

GENDER 9 of 23

40 - 49 3 of 5

12 November 2017, Sun

Date



BoutTime

Signature

